



# NEWSLETTER

Week 3, Term Four, 2024

(03)433 1366 email: [office@ardgowan.school.nz](mailto:office@ardgowan.school.nz)

## Principal's Message

Kia ora koutou e te Whanau,

I hope everyone had a wonderful long weekend, even though the weather was a little wet.

The 7 year olds and above are looking forward to the Zone Athletics sports on Friday at Glenavy School. Please feel free to come along and support the children. If you intend to take your child home from athletics please let your child's teacher know so we can account for all the students.

Our junior students are also looking forward to showcasing their athletic talents on Friday during their athletics day. This will be running from 9:30am on the back field at school.

Please remember that if you would like to discuss your child's education at any point, make a time with your child's teacher and come on in.

Enjoy the short week.

Ka mihi nui,

Ryan Fraser



**Congratulations to our Year 4-6 cricketers who had a lovely day out on Friday and played some great games.**

**A special mention goes to Emma Shimauchi Moore who was selected as a standout cricketer, earning herself a Sparks' cap. Well done Emma!**

Room 2 is in need of scraps of material suitable for making beeswax wraps for their fundraiser. If you have any spare scraps of new, clean, colourful cotton material lying around could you please drop them in either to the school office or directly to Room 2.

Thanks.



Reminder that Scholastic orders close on Friday 1st November. Online orders will remain open after this date.

A couple of reminders to families

The Drop and Drive area is to be used for Drop and Drive only - NO PARKING. The car park is for parking to drop off and pick up your child only - NO DROP AND DRIVE.

Please help to keep the children safe by using both areas for their intended purpose only as it creates frustration for other users when they are used inappropriately.

Please drive carefully when in and around our school.

An advertisement for the Skool Loop App. It features a chalkboard background with the text "All our school news in one place" at the top, "Download The Skool Loop App Today" in the center, and "Simple free download: In Google Play &amp; App Store search 'Skool Loop' and choose our school once installed." at the bottom. A smartphone on the right shows the app's interface with a blue header, a logo, and a grid of icons for Notices, Absentee, Check In, Calendar, Forms, Bookings, Contacts, Newsletter, and Settings. The app logo is a blue infinity symbol with a yellow square.

### UNIFORM PRICES

Polo top Size 6 - 16 \$32.50

Polo top Size S, M, L \$37.00

Polar Fleece Size 4 - 14 \$45.00

Polar Fleece Size S, M, L \$54.00

Sunhats \$23.00

Uniform is available to purchase at the office.

Our school event calendar for the year is on our website: [ardgowan.school.nz/pages/calendar](http://ardgowan.school.nz/pages/calendar)

under the **News and Events Tab** at the top. It is regularly updated with as many dates as possible but please be aware some dates - especially those further on in the year, may change.

### SCHEDULE OF LUNCHES TERM THREE 2024

**MONDAY** Hot Eaties in the pie warmer. (Kowhai, Manuka, Kauri).

Items to be securely wrapped in tin foil and named with a vivid. No Bowls as they take up too much room. Items can be taken to class on the morning and put in the class tray to be transferred to the pie warmer. Please have items defrosted.

**TUESDAY** - Sushi. Order at the school office by 9am each Tuesday. **Correct cash needed**, no change will be given.

**WEDNESDAY** - OWN LUNCH

**THURSDAY** Subway orders every week. Please have orders into the school office by Wednesday mornings. Order envelopes are available at the school office. Correct cash please.

**FRIDAY** Hot Eaties in the pie warmer. (Rimu, Pohutukawa). Please ensure that your child has a drink bottle at all times of the year. Our school promotes healthy eating whenever possible, a piece of fruit each day, and choosing healthy snack options for your child's lunchbox is a great way to ensure they get the best out of their day. It also greatly helps to cut down on the amount of plastic packaging we have to send to the tip each week.



OCEANS for Children is a grief and loss programme that provides support for children who have experienced difficult changes or loss in their life. This could be due to the death or absence of someone important to them, separation of parents or family, moving from familiar surroundings, and much more.

The programme provides a safe place for young people to talk about their experiences, discover appropriate ways to express how they are feeling, and learn new tools to help them cope with difficult changes and loss. This happens in a small group setting with others who have had similar experiences, and is supported by caring and trained facilitators.

If you would like more information to see if OCEANS could support your young person, please let your child's teacher know, or contact Maria Johnson on 020 459 6900 or go to the following link <https://anglicanfamilycare.org.nz/services/north-otago-services-2/>

## School Notices

**Changed your address or phone number? Please let the office know.**

### Important Term 4 Dates for the Diary

School website calendar: [ardgowan.school.nz/pages/calendar](http://ardgowan.school.nz/pages/calendar)

30th October - BOT Meeting 5:30pm

1st November - Zone Athletics - Glenavy

1st November - Home and School Halloween night.

4th November - Diabetes awareness day. Dress in Blue, gold coin donation.

5th - 7th November - Year 5 / 6 Camp

11th - 15th November - Bike Week

11th November - North Otago Athletics

12th November - HPV Vaccinations

14th November - Year 8 Science Day - High Schools

19th November - Otago Athletics Champs

19th, 21st, 26th and 28th November - Whole school Swimming

3rd - 6th December - Tech - OIS - Year 7 / 8

3rd December - BOT Meeting 5:30pm

11th December - Year 1 & 2 Activity day at School

12th December - Year 1 & 2 visit Totara Estate

13th December - Year 8 water Day - Glenavy

18th December - Last day of term 4 - To be confirmed.

- **Absentees.** Please inform the school via email, phone or Skool Loop if your child is going to be absent or late to school for any reason. Please expect a phone call or email from our school office if you have not contacted us - this is to ensure all children are safe and is a Ministry of Education requirement which all schools must follow.
- Please keep your child home if they are showing signs of sickness and let the office know.

**School and Community Feedback** Our Board of Trustees really values feedback from our school families and community. If you have any comments or feedback please feel free to email [feedback@ardgowan.school.nz](mailto:feedback@ardgowan.school.nz) all communication is treated confidentially

**BUS FAMILIES.** If your child is getting off at a different stop in the afternoon to what they would normally, please give Pearsons a call or inform the school office so we can let the bus driver know. For safety reasons he is unable to drop children off at alternative stops unless prior parental permission is given

**PLEASE DON'T PARK ON THE BERM!** Our neighbours across the road have a lovely area of grass in front of their house, but vehicles parked there cause a considerable safety hazard to the residents and other road users. Tyre marks on their lawn are not appreciated. Your cooperation with this is greatly appreciated.

Colouring Competition posters for the Glencoe Gravity are available in the school office upon request.

Maheno School  
Ovarian Cancer Foundation NZ

**GLENCOE GRAVITY**

**SATURDAY 2ND NOVEMBER 2024**

SINGLE VAN RIDE: \$19  
ALL-DAY SHUTTLE PASS: \$39  
HELIBIKE: \$209  
HELIBIKE AND ALL-DAY SHUTTLE PASS COMBO: \$229

VISIT: [WWW.GLENCOEGRAVITY.COM](http://WWW.GLENCOEGRAVITY.COM)

WAIMATE THEATRE COMPANY'S PRODUCTION OF

Disney **FROZEN JR.**

**1-3 NOVEMBER 2024**

7pm Friday | 2pm & 7pm Saturday | 2pm Sunday

@ WAIMATE REGENT THEATRE

Book online  
[humanitix.com](http://humanitix.com)  
or in person  
Amanda's Address  
between 12-3pm Tues-Fri or 10-12 Sat

Tickets only \$25

[admin@waimatetheatrecompany.com](mailto:admin@waimatetheatrecompany.com)

**Toothbrushing Tip!**

**Spit Without Rinsing**

After brushing your teeth, spit out your toothpaste and leave your mouth unrinsed. The small amount of fluoride toothpaste left around your teeth will help protect them.

Health New Zealand Te Whatu Ora | Community Oral Health Service

Scan this code for more great tooth tips

**Burgers, Sausages and Water can still be pre ordered for the zone athletics at Glenavy on Friday. Please bring cash to order at the school office.**

**Writing competition for tamariki 2024**

Open to students in Years 1 – 8 who live in Otago or Southland, with a prize of \$150 and a book voucher for the winning entry, and book vouchers for five highly commended pieces.

Write a story using one of the following prompts.

- There's a strange sound coming from under your house. But you're the only one who can hear it.
- You awake to discover you've been transformed into an animal of some kind. Write a story about your first day using all your senses.
- Aliens are invading! Write a letter to the alien commander explaining why the Earth shouldn't be destroyed.

Entries are due on Sunday 3 November by 5.00pm.  
See [gtwritersfestival.nz/competitions](http://gtwritersfestival.nz/competitions) for entry conditions.

Queenstown Writers Festival

anna-marie chin architects

The Oamaru Multisport Club presents:

# Fun Walk-Run / Duathlon Series – November 2024

Fun walk/run: 2.5km (1 lap), 5km (2 laps), 10km (4 laps)



## Duathlon:

Off the Couch: 2km Walk-Run / 4km (1 lap) Bike / 0.5km Walk-Run

Weekend Warriors: 2km Run / 12km (3 laps) Bike / 2.5km Run  
(all distances are approximate)

Dates: Wednesdays – 13, 20, 27 November 2024

Time: 6.00pm (Registration 5.30pm; Briefing 5.45pm)

Venue: Oamaru Harbour Playground, Friendly Bay.

Entry Fee: Adults: \$10 per event or \$20 for series; Students: \$5 per event or \$10 for series

Enter: [www.sporty.co.nz/oamarumultisportclub](http://www.sporty.co.nz/oamarumultisportclub) or on the day

Contact: Adair Craik 021-309-439 / Diane Talanoa 021-08150688



## ENTRY FORM – Events: FUN WALK/RUN or DUATHLON

Wednesday Nov 13<sup>th</sup> 2024 @ 6pm

Wednesday Nov 20<sup>th</sup> 2024 @ 6pm

Wednesday Nov 27<sup>th</sup> 2024 @ 6pm

Venue: Friendly Bay, Oamaru Harbour

\*Note that the start, transitions, and finish are all at the harbour

Registration is at Oamaru Harbour at 5.30pm. You may enter online, OR post this form to Diane Talanoa (4 Sloke St, Oamaru); OR enter on the day (no late fee)

Race briefings will be held at the harbour 5.45 pm. Start time 6pm. Prize Giving will be held after the final event on Wednesday 27<sup>th</sup> November 2024

Enter online: [www.sporty.co.nz/oamarumultisportclub](http://www.sporty.co.nz/oamarumultisportclub)

For further information please contact: Adair Craik: 021-309-439 or Diane Talanoa 021 08150688  
[oamarumultisportclub@gmail.com](mailto:oamarumultisportclub@gmail.com)

ENTER ONLINE or here with ENTRY FORM - Entry Fee: Adults \$10 per event or \$20 for the series; Students \$5 per event or \$10 for the series. TEAMS: per person fee also applies to each team member.

Please tick  Fun Walk/Run  1 lap (2.5km), or  2 laps (5 km), or  4 laps (10km)  
 Duathlon – Off the Couch (2k/4k/0.5k)  
 Duathlon – Weekend Warriors (2k/12k/2.5k)

Date/s: Nov 13<sup>th</sup>  Nov 20<sup>th</sup>  Nov 27<sup>th</sup>

TEAM ENTRY (duathlon only):

INDIVIDUAL ENTRY (fun run and duathlon):

Team Name: .....

Name: .....

Contact Person: .....

Address: .....

Address: .....

Phone: .....

Phone: .....

Email: .....

Email: .....

Category: Open  Vet (40+)

Names: .....

Secondary school  Primary school

Cyclist: .....

Students only:  Age: .....

Runner/s: .....

School: .....

Email: .....

### RULES OF ENTRY

All competitors enter solely at their OWN RISK. The ORGANISERS WILL NOT BE LIABLE for any loss or damage to competitors' equipment. The DUATHLON event may consist of individuals or teams.

Competitors who WITHDRAW from any event must NOTIFY THE RACE DIRECTOR as soon as possible.

Race Marshals reserve the right to withdraw a competitor if they believe the competitor's health is at risk.

Equipment must meet safety standards and be in good working order. Running shoes must be worn on the run.

All roads are open to the public. The road traffic rules apply to all competitors throughout the event.

### WAIVER:

I, my next of kin, or any other representative, hereby release and discharge the event organisers, their agents, directors, volunteers, employees, sponsors and any other party associated with the event of any liability, financial or otherwise, which may arise, whether by negligence, from any direct or indirect loss, injury, or death which may be sustained by me, or any other party associated with me, for my intended or actual participation in the event or its related activities.

Signed: ..... Signed: ..... Signed: .....

Annual Pet Day Competition, 17th November starting at 11am. There will be a fancy dress competition starting at 12pm and a lamb drinking competition. More details to follow.



Thank you so much to all our amazing Ardgowan families for your support of our Camp Quality mufti Day. We are so lucky to have such a supportive community here at Ardgowan.